

# Fashion Emergencies

## How to Save Yourself from Wardrobe Disasters

MI PERSONAL GUIDE TO AVOIDING AND FIXING WARDROBE MALFUNCTIONS

We've all been there—rushing out the door only to realize halfway through the day that our bra strap is falling, our shoes are pinching, or that unfortunate skirt is clinging to our legs like static cling gone wild. I still remember the time I was at a high-profile event, feeling on top of the world, only to discover mid-conversation that my dress zipper was creeping downward on its own. Let's just say that fashion faux pas still haunts me, and it's why I've become a bit of a "fashion first aid" expert.

To save you from similar embarrassment, I've scoured the net and added a few of my own tips to compile the ultimate guide to avoiding and fixing those pesky wardrobe malfunctions. Whether it's an annoying snag or a full-blown outfit disaster, I've got you covered.

### Stains: Quick Solutions for the Most Common Mishaps

- On Suede:

Use an emery board to remove small stains and refresh the nap.

- General Stains:

Baby wipes or Shout wipes can reduce the visibility of a stain until you can wash the garment.

- Coffee Stains:

Cold water works wonders, but for older stains, try rubbing with liquid detergent.

- Blood Stains:

Soak the area with a clear, bubbly beverage (club soda, tonic water) and blot with a towel.

- Red Wine Stains:

Run white wine or club soda through the stain.

- Oily Spots:

Sprinkle with baby powder and brush off with a clean cloth.

- Deodorant Marks:

Rub with a piece of pantyhose to remove.

- Ballpoint Pen or Blood Stains:

Remove with strong hold hairspray, then launder as soon as possible.



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ANNOYANCES: QUICK FIXES FOR EVERYDAY FASHION HASSLES

- **Static Cling:**

Nothing ruins a sleek look faster than a skirt glued to your legs. Rub some hand cream on your legs (even through hosiery) or pin a safety pin to the inside hem of the skirt to kill the static.

- **Lint or Pet Hair on Clothes:**

Wrap sticky tape around your fingers (sticky side out) and brush it over your clothes to pick up lint or pet hair. It's a lifesaver when you're out and about.

- **Pills on a Sweater:**

A pumice stone lightly run over sweater pills can lift them off without damaging your beloved knit.

- **Saggy Boobs:**

Check your bra straps. If they're too loose, give them an adjustment. If that doesn't work, it might be time to invest in a new bra.

- **Bra Straps Keep Falling Off Shoulders:**

If you have narrow, sloping shoulders, try this trick: unclip each strap at the back, lengthen them, and reclip them to the opposite side to form an "X" across your back. Problem solved!

- **Unwanted Color Has Ruined Your Clothes:**

Dylon's Runaway Colour Catcher or Rit Colour Remover can save the day when color runs ruin your favorite clothes.

- **Bleach Spots or Faded Areas on Clothes:**

A permanent color marker of the same color can work wonders on small bleach spots or faded areas.

- **Scuffs on Leather Shoes:**

The inside of a banana peel can erase scuffs—just rub the peel on the scuff, then buff with a paper towel.

- **Snags and Loose Threads:**

Use a Snag needle to pull a snag through to the other side. For short snags, a dab of clear nail polish can secure it.

- **Clip-On Earrings Too Tight:**

Use an earring key to adjust clip-on earrings so they don't torture you.

- **Visible Panty Lines:**

Caused by tight skirts or pants? Consider ultra-thin microfiber panties, a liner in your pantyhose, or even a thong if you're feeling daring. Or, invest in a size larger dress, skirt, or pants, or go for shapewear.

- **Bulging Waist Fat from Tight Pantyhose:**

Snip small "V" shapes out of the waistband for instant relief.

- **Crooked Jean Zipper:**

Release tension by cutting the pocket away from where it attaches to the zipper edge, adding about 2cm of ease.

- **Shoes Too Tight:**

Stretch them out by placing a bag of water in each shoe and freezing them overnight.

- **Foundation on Clothes:**

Powder foundation can be dusted off easily, but liquid or cream foundation can be removed with shaving cream (add a touch of alcohol if needed).

- **Chewing Gum on Clothes:**

Freeze the garment and scrape off the gum, then treat any remaining spot with a mix of liquid dishwashing soap and white vinegar.

- **The Cord Has Come Out of Your Hoodie or Parker Waist:**

Attach a safety pin to the end of the cord to rethread it back through.

- **Blisters from Rubbing Straps:**

Use Foot Petal Strappy Stripes to cushion shoes that haven't yet been broken in.

- **Skirt is Too Short:**

Add lace or a band of fabric to the base or a wider waistband to the top.



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### WARDROBE MALFUNCTIONS: HOW TO AVOID A CRISIS

- **Ladder in Hosiery:**

Dab clear nail polish at either end to stop the ladder from getting bigger.

- **Ripped Hem:**

Use cellophane or masking tape to temporarily fix the hem.

- **Broken Heel:**

Shoe Goo can temporarily fix a broken heel until you can get to a repair shop.

- **The Underwire in Your Bra is Poking into You:**

Push the wire back in and dab some superglue on the tear for a temporary fix.

- **Fallen Hem:**

Double-sided tape is your friend, but don't forget to remove it before washing.

- **Gaping Blouse:**

Use a double layer of double-sided tape to close the gap.

- **Nipples on Show:**

Stick on a pair of silicone nipple concealers to keep things discreet.

- **Button Has Popped Off:**

A twist tie can temporarily secure a button on open weaves or loose knits.

- **Peek-a-Boo Panties Getting In and Out of a Car:**

Master the art of entering and exiting a car with grace, keeping those knees together!

### Zippers: How to Keep Them Working Smoothly

**Stuck Zipper:**

Rub with soap, candle wax, or a soft lead pencil to lubricate the teeth.

**Keeps Unzipping:**

Slide a keyring through the hole in the zipper pull, loop it over the button, and button your pants to keep the zipper up.

**Lost the Zipper Pull:**

Replace it with a paper clip or safety pin, but make sure to hide it under the zipper flap.



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PREVENTATIVES: STAY AHEAD OF FASHION DISASTERS

- **Static Cling:**

Use a product like Statique spray.

- **Handbag Collapse:**

Gently stuff with paper or fabric before storing to maintain shape.

- **Missing Buttons:**

Stop the cotton from unraveling by dabbing clear nail polish onto the threads.

- **Underarm Sweat Marks:**

Insert sweat guards under your arms.

- **Back Bulge:**

Wear lightweight, moisture-wicking Unbelievabra that includes a bra and eliminates bra lines and muffin tops.

- **Belt Buckle Bulge:**

Invisibelt is the solution—an undetectable belt that gives you a sleeker, slimmer look.

- **Angora/Mohair Shedding:**

Freeze the sweater in a ziplock bag for at least three hours—no more shedding!

- **Runs in Pantyhose:**

Spray hairspray on the toes of new pantyhose to strengthen the threads.

- **Shoes Losing Their Shine:**

Lightly spray polished shoes with hairspray to keep the polish intact.

- **Sore Feet or Broken Heels:**

Carry fold-up slippers like SpareSoles for emergencies.

- **Dark Jeans Losing Their Color:**

Add 1/2 cup of distilled white vinegar to the last wash cycle.

- **Color Running in the Washer:**

Shout® Color Catcher® sheets absorb and trap loose dyes, protecting clothes from color bleeds.

- **Shoelaces That Won't Stay Tied:**

Double knot them or use a special technique to keep them from coming undone.

### Restoratives: Bringing Your Fashion Favorites Back to Life

- **Leather Handbags:**

Rejuvenate leather purses with a damp cloth and mild soap, then buff with a colorless leather conditioner.

- **Patent Leather:**

Clean and brighten patent shoes and handbags with a light spray of glass cleaner, then buff gently.

- **Sneakers:**

Mix baking powder and detergent together and use a toothbrush for a deep clean.

- **Sweat Stains from Shirts:**

Spray the area with lemon juice before washing.

- **Pills from Clothing:**

Use a fabric shaver to easily remove pilling and fuzz.



No matter the fashion emergency, these tips and products will help you stay stylish and composed, even in the face of wardrobe disasters.